



THANK YOU AN EVENING OF SOUL

Thank you for attending an Evening of Soul, a Night in Havana. Your support in achieving health equity for all is greatly appreciated. All pictures from the evening can be found at www.graahi.org



SAVE THE DATE

GRAAHI presents its annual 5K Rhythm Run/Walk and Health Fair **Saturday, August 20, 2016** MLK Park 8am -12pm. This year's event "**Set No Limits**" will focus on healthy living, physical fitness, and the overall goal of raising awareness to the benefits of making the right choices for YOU!

GRAAHI will collaborate with the Urban Core Collective (UCC), to include a community Park Party after the Run. Park Parties are designed to inspire people of all fitness levels to increase or start their fitness goals.

Visit WWW.RHYTHMRUN.COM or call 616.331.5831.

REGISTRATION

Early Bird (July 6 – July 24) \$15
Regular (July 25 – August 18) \$20
Late (August 19 – August 20) \$25



ACCEPT THE CHALLENGE

1st place overall male and female
2nd place overall male and female
Business (NPO with less than 100 employees)
Community Organization (NPO, schools, community)
Faith Based Organization (Churches)

SPONSORSHIP

Through your support GRAAHI furthers its mission to "Promote Health Care Parity in the Grand Rapids Community" through advocacy, education, and research. We'd like you to know that your thoughtfulness truly makes a difference in the lives of many.